MHPN WEBINAR

A collaborative approach to supporting adult survivors of childhood abuse

Continuing Professional Development Learning Record

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Your details

Your name:	
Date completed:	
Activity Name:	A collaborative approach to supporting adult survivors of childhood abuse
Learning outcomes	This webinar will help practitioners be better able to: • develop a raise awareness of the prevalence of and indicators for complex trauma • be better able to identify the key principles of intervention in the featured disciplines' assessment, treatment and support of people who have experienced complex trauma • recognise the merits, challenges and opportunities of interdisciplinary collaboration in providing mental health support for people who have experienced complex trauma.
Time spent engaged in the activity:	(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:
   - Explore the topic further in a supervision session or with a peer/colleague
   - Identify and read the latest research
   - Undertake additional courses, study or training
   - Search MHPN's webinar or podcast libraries for more PD content
   - Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.

Mental Health Professionals' Network
ABN 67 131 543 229

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