MHPN WEBINAR

An interdisciplinary cross-cultural conversation: exploring the meaning of healing and recovery

Continuing Professional Development Learning Record

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Your details

Your name:	
Date completed:	
Activity Name:	An interdisciplinary cross-cultural conversation: exploring the meaning of healing and recovery
Learning outcomes	• understand how culturally diverse health and mental health beliefs associated with healing and recovery may impact treatment and support sought by and provided to people from CALD backgrounds • provide practical tips and strategies to engage in recovery oriented CALD responsive conversations with your client/patient • better target referrals and/or interventions as a result of improved understanding of the role of different disciplines and/or services, in providing treatment and support for people from CALD backgrounds.
Time spent engaged in the activity:	(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:
   - Explore the topic further in a supervision session or with a peer/colleague
   - Identify and read the latest research
   - Undertake additional courses, study or training
   - Search MHPN's webinar or podcast libraries for more PD content
   - Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.

Mental Health Professionals' Network
ABN 67 131 543 229

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