MHPN WEBINAR

Collaborative Care and Mental Health of People from Migrant Backgrounds

Continuing Professional Development Learning Record

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Your details

Your name:	
Date completed:	
Activity Name:	Collaborative Care and Mental Health of People from Migrant Backgrounds
Learning outcomes	Watch this facilitated panel discussion of Rishika's story to be better equipped to: • develop a raised awareness of the migrant experience and associated mental health risks, particularly for women with young families • be better able to identify the key principles of the featured disciplines' approach in screening, diagnosing, and supporting the mental health of people from migrant backgrounds • explore tips and strategies for interdisciplinary collaboration among practitioners working with migrants experiencing mental health issues. Please note there are some synchronisation issues between the sound and video on this recording. We apologise for any inconvenience this causes.
Time spent engaged in the activity:	(including completing this form)

After watching or listening to the activity, consider the following:

1. What were three key messages that were covered in the activity?

2. Identify your learning goal and how the activity's content aligned with that goal.

3. What actions are you going to take to use the learnings to improve and/or change your practice? For example:
   - Explore the topic further in a supervision session or with a peer/colleague
   - Identify and read the latest research
   - Undertake additional courses, study or training
   - Search MHPN's webinar or podcast libraries for more PD content
   - Join an MHPN network to connect with other practitioners for networking, peer support or PD

4. Please note any other reflections on the topic or activity.

Mental Health Professionals' Network
ABN 67 131 543 229

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