# MHPN WEBINAR

Wednesday 20<sup>th</sup> September 2023

Trauma-informed care: Therapies and approaches to improve your practice



# **Tonight's panel**



**Graham Pringle**Youth Worker



Bethany Mahadeo
Occupational Therapist /
Art Psychotherapist



Matt Ball
Nurse Practitioner/
Psychotherapist



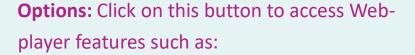
Facilitator:
Steve Trumble
General Practitioner



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### **Learning outcomes**

This webinar will provide participants with the opportunity to:

- Outline therapies and approaches that can improve practice when delivering trauma-informed care.
- Discuss different stages of life where trauma can occur and how practitioners can support clients through providing trauma-informed care.
- Discuss how to communicate effectively with other mental health practitioners to better support people affected by trauma.



## **Q & A**



**Graham Pringle Youth Worker** 



Bethany Mahadeo
Occupational Therapist /
Art Psychotherapist



Matt Ball
Mental Health Nurse /
Psychotherapist



Facilitator:
Steve Trumble
General Practitioner



**Ask a question:** To ask the speakers a question, click on the three dots and then 'Ask a Question' in the lower right corner of your screen.



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#### **Podcasts:**

New episodes released fortnightly on MHPN Presents.

#### Webinars:

• Trauma-informed care (Part 3): The impact of trauma on the physical body on Thursday 19<sup>th</sup> October at 7.15pm

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### Thank you for your contribution and participation.

### Good evening.

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