



# Climate Change and Mental Health ADDITIONAL RESOURCES

Collaborative Mental Health Care in a Changing World

**MARCH 2023** 

\*\*Please note that all links provided in this document were accurate as at the date of publication - Wednesday, 29th March, 2023\*\*

## **Presenters' Recommended Resources**

- Psychology for a Safe Climate (PSC)
- The climate crisis is a child rights crisis: Introducing the Children's Climate Risk Index. United Nations Children's Fund (UNICEF, 2021).
- A guide for parents about the climate crisis
- Raising children to thrive in a climate changed world
- Child and Adolescent Mental Health (2022). Special Issue: <u>Child and Youth Mental Health & The Global Ecological Crisis</u>. (Eds Sanson & Dubicka). Vol 27, Issue 1.
- Climate Media Centre | Carol Ride
- Climate and Health Alliance
- <u>Climate Justice and Mental Health Think Globally, Panic Internally, Act Locally</u> | Merle Conyer (2019)
- Developmental Scientists for Climate Action (DevSCA). A new international network to support researchers, educators, and practitioners concerned with the impacts of climate change on human development. It aims to provide an avenue for communication and collaboration among developmental scientists, build empirical and theoretical understanding of the issues involved, and use this information to inform advocacy for action. Contact Ann Sanson <a href="mailto:annvs@unimelb.edu.au">annvs@unimelb.edu.au</a> if you are interested in joining.

### **Journal Articles**

- Sanson, A. V., Van Hoorn, J., & Burke, S. E. (2019). Responding to the impacts of the climate crisis on children and youth. Child Development Perspectives, 13(4), 201-207.
- Sanson, A., & Bellemo, M. (2021). **Children and youth in the climate crisis.** *BJPsych bulletin, 45*(4), 205-209.
- Hayes, K., Blashki, G., Wiseman, J., Burke, S., & Reifels, L. (2018). **Climate change and mental health: Risks, impacts and priority actions.** *International journal of mental health systems, 12*(1), 1-12.
- Sanson, A. V., Wachs, T. D., Koller, S. H., & Salmela-Aro, K. (2018). **Young people and climate change:**The role of developmental science. Developmental science and sustainable development goals for children and youth, 115-137.
- Sanson, A., Malca, K., Hoorn, J., & Burke, S. (2022). **Children and Climate Change (Elements in Child Development).** Cambridge: Cambridge University Press. doi:10.1017/9781009118705







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- Vergunst, F., & Berry, H. L. (2022). Climate Change and Children's Mental Health: A Developmental Perspective. Clinical Psychological Science, 10(4), 767–785. https://doi.org/10.1177/21677026211040787
- Charlson, F., Ali, S., Benmarhnia, T., Pearl, M., Massazza, A., Augustinavicius, J., & Scott, J. G. (2021). Climate change and mental health: a scoping review. International Journal of Environmental Research and Public Health, 18(9), 4486.
- Crandon, T. J., Dey, C., Scott, J. G., Thomas, H. J., Ali, S., & Charlson, F. J. (2022). **The clinical implications of climate change for mental health.** Nature Human Behaviour, 1-8.
- Charlson, F., Ali, S., Augustinavicius, J., Benmarhnia, T., Birch, S., Clayton, S., ... & Massazza, A. (2022). Global priorities for climate change and mental health research. Environment international, 158, 106984.

## MHPN's Climate Change and Disaster Recovery Networks

Funded by the Federal Government, MHPN's <u>National Networks Program</u> aims to support practitioners from a range of disciplines to work together better, with the ultimate aim of improving collaborative care practices to achieve better outcomes for consumers.

There are currently two Networks with a specific interest in climate change and disaster recovery:

- Environmental Factors & Mental Health National Online Mental Health Professionals'
  Network
- Brisbane Metro South Disaster Mental Health Recovery Network

To join a MHPN Network, create a free MHPN Portal account, follow the Network link above and request to join.

**No networks in your area?** Fill out this <u>online form</u> to express your interest in starting and leading a new network focused on mental health and environmental issues such as climate change.

For any queries about starting of joining a MHPN Network, contact Project Officer Yi Zhai at y.zhai@mhpn.org.au.

## **MHPN Professional Development**

### **Webinars**

#### **Disaster recovery webinars:**

• Eavesdrop on a conversation between experts in disaster recovery

Find more free-to-access webinar recordings on the MHPN Webinar Library.











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### **Podcasts**

**Emergency Workers: Responder Assist** – A four-part podcast series produced in partnership with Phoenix Australia's Responder Assist – the Centre for Excellence in Emergency Worker mental health.

- Episode 1 Setting the scene
- Episode 2 Models of care
- Episode 3 Treatment options
- Episode 4 Experts by Lived Experience



