

Identifying Body Dysmorphic Disorder and Psychological Assessments for People Seeking Cosmetic Surgery

Guidelines:

Australian Psychological Society. *Cosmetic Procedure psychological evaluation practice guide* (members only). Available at:

www.psychology.org.au/cosmetic-procedure-practice-guide

Australian Psychological Society (2018). *Psychological evaluation of patients undergoing cosmetic procedures*. Available at:

www.psychology.org.au/getmedia/5016efba-cb58-4cd5-a472-4313a1a70483/18APS-PP-Cosmetic-Surgery-P1a-web.pdf

Medical Board of Australia (2016). *Medical board issues guidelines on cosmetic medical and surgical procedures*. Available at

www.medicalboard.gov.au/News/2016-05-09-media-statement.aspx

Medical Board of Australia (2017). *Guidelines for Registered Medical Practitioners who perform cosmetic medical and surgical procedures*.

Available at www.medicalboard.gov.au/Codes-Guidelines-Policies/Cosmetic-medical-and-surgical-procedures-guidelines.aspx

The Australian Psychological Society (2016). *Revised cosmetic surgery guidelines for medical practitioners require mandatory psychological assessment in some cases* (member access only) Available at

www.psychology.org.au/inpsych/2016/october/alerts/

RACGP (2015). *Female genital cosmetic surgery – A resource for general practitioners and other health professionals*. Available at www.racgp.org.au/your-practice/guidelines/female-genital-cosmetic-surgery/

The Australian Psychological Society. *Australian Psychological Society guidelines on psychological assessment of patients seeking cosmetic procedures* (member access only). Available at www.psychology.org.au/for-members/resource-finder/resources/Business-admin-legal/Cosmetic-surgery-and-psychological-assessment

Further reading:

Australian Psychological Society (2018). *Flawed perceptions*. *InPsych* Vol 40. Issue 3, June. Available at: www.psychology.org.au/for-members/publications/inpsych/2018/June-Issue-3/Flawed-perceptions

Kitipornchai, L., & Then, S.N., (2011). *Cosmetic surgery on children*.

The American College of Obstetricians and Gynecologists (2017). *Committee Opinion: Breast and Labial Surgery in Adolescents*. Available at www.acog.org/-/media/Committee-Opinions/Committee-on-Adolescent-Health-Care/co686.pdf?dmc=1&ts=20170217T0416002970

Royal College of Obstetricians and Gynaecologists joint British Society of Paediatric and Adolescent Gynaecologists (2013). *Joint RCOG/BritSPAG release: issues surrounding women and girls undergoing female genital cosmetic surgery explored*. Available at

www.rcog.org.uk/en/news/joint-rcogbritspag-release-issues-surrounding-women-and-girls-undergoing-female-genital-cosmetic-surgery-explored

McQuillan, S, K., Jayasinghe, Y & Grover, S. (2018). *Audit of referrals for concern regarding labial appearance at the Royal Children's Hospital: 2000–2012*. Available at

<https://doi.org/10.1111/jpc.13819>

Ozer, M., Mortimore, I., Jansma, E., & Mullender, M (2018). *Labiaplasty: motivation, techniques, and ethics*. Available at

www.nature.com/articles/nrurol.2018.1

Kitipornchai L., & Then, S.N. (2011). Cosmetic Surgery on Children. Professional and legal obligations in Australia. *Australian Family Physician*. Vol 40. No 7. July, p 513-516. Available at www.racgp.org.au/afp/2011/july/cosmetic-surgery-on-children

Harding, T., Hayes, J., Simonis, M., & Temple-Smith, M. (2015). Female genital cosmetic surgery: Investigating the role of the general practitioner. *Australian Family Physician* Vol 40. No 11, p 822-

825. Available at

www.racgp.org.au/afp/2015/november/female-genital-cosmetic-surgery-investigating-the-role-of-the-general-practitioner/

Questionnaire:

Veale, D., Eshkevari, E., Ellison, N., Cardozo, L., Robinson, D., & Kavouni, A. (2013). *OCPs-L questionnaire for women seeking labiaplasty*.

Available at

[https://www.researchgate.net/publication/235723688_OCPs-](https://www.researchgate.net/publication/235723688_OCPs-L_questionnaire_for_women_seeking_labiaplasty)

[L_questionnaire_for_women_seeking_labiaplasty](https://www.researchgate.net/publication/235723688_OCPs-L_questionnaire_for_women_seeking_labiaplasty)

Video:

Sharp, G. TEDx (2017, December). *Why we should talk about vulvas not vaginas* [Video file]. Available at www.youtube.com/watch?v=OOhgwjEnfAA

Russell, A. *Labiaplasty*. Hungry Beast, ABC1.

Available at <https://vimeo.com/10883108>

From the internet:

The Labia Library. Available

at <http://www.labialibrary.org.au/>

The Great Wall of Vagina. Jamie McCartney.

Available at

<https://jamiemccartney.com/portfolio/the-great-wall-of-vagina/>