

MHPN Webinar: Working Therapeutically with Complex Trauma

Supporting Resources



Adults Surviving Child Abuse Resources

Adults Surviving Child Abuse website

www.asca.org.au

ASCA information on upcoming training

www.asca.org.au/workshops

ASCA Practice Guidelines for Treatment of Complex Trauma and Trauma Informed Care and Service Delivery

www.asca.org.au/guidelines

The *Guidelines* have been officially recognised as an Accepted Clinical Resource by The Royal Australian College of General Practitioners.

ASCA Factsheet series

<http://www.asca.org.au/about/resources/asca-factsheets.aspx>

Websites

Education Centre Against Violence (NSW)

<http://www.ecav.health.nsw.gov.au/>

Mental Health Coordinating Council (NSW)

<http://www.mhcc.org.au/>

International Society for the Study of Trauma and Dissociation (ISSTD)

<http://www.isst-d.org>

The most aligned and long-standing international society of health professionals focused on research into, and treatment of, individuals in the complex trauma/dissociative disorders spectrum, the ISSTD has formally endorsed the ASCA Guidelines on Complex Trauma and Trauma Informed Care. It is the only trauma society to have produced comprehensive Guidelines for treating Dissociative Identity Disorder and it has a growing Australian membership.

Books and Journal Articles

Herman, J. (1997) [1994]. *Trauma and Recovery: The Aftermath of Violence – from Domestic Abuse to Political terror*. New York: Basic Books.

International Society for the Study of Trauma and Dissociation. (2011). [Chu, J.A., Dell, P.F., Van der Hart, O., Cardeña, E., Barach, P.M., Somer, E., Loewenstein, R.J., Brand, B., Golston, J.C., Courtois, C.A., Bowman, E.S., Classen, C., Dorahy, M., Şar, V., Gelinas, D.J., Fine, C.G., Paulsen, S., Kluft, R.P., Dalenberg, C.J., Jacobson-Levy, M., Nijenhuis, E.R.S., Boon, S., Chefetz, R.A., Middleton, W., Ross, C.A., Howell, E., Goodwin, G., Coons, P.M., Frankel, A.S., Steele, K., Gold, S.N., Gast, U., Young, L.M., & Twombly, J.]. *Guidelines for treating dissociative identity disorder in adults, 3rd revision*. Journal of Trauma & Dissociation, 12:2: 115-187.

Dorahy, M.J., Brand, B., Sar, V., Kruger, C., Stavropoulos, P., Martinez, A., Lewis-Fernandez, L., Middleton, W. (2014). *Dissociative Identity disorder: An empirical overview*. Australian and New Zealand Journal of Psychiatry, 48:5, 402-417.

Available to members via website: <http://www.isst-d.org>